

## Check out the new book “Insider Secrets of Public Speaking” by Nadine Dereza and Ian Hawkins

Nadine Dereza on 18 September 2014 - 10:56 am in [Arts](#), [Motivation](#), [Opinion](#)

Many people find speaking in public more frightening than spiders, death and clowns! So whether you’re planning your first presentation to a client, speaking at a family occasion, or about to deliver your five hundredth speech at a conference, “Insider Secrets of Public Speaking” (Rethink, 2014), reveals the answers to fifty of the biggest questions that “real people” ask about public speaking of all kinds.

Written by two experts, [Nadine Dereza](#) and Ian Hawkins, “Insider Secrets of Public Speaking” has plenty of practical and powerful advice, and will show you how to express yourself with confidence and authenticity, without sacrificing your individuality, whatever the occasion and whoever you are.

Nadine is an experienced international presenter, award-winning journalist and conference host. She has presented for BBC, Sky TV, SABC, CNN, Simply Money and Summit TV. Through PS Programmes, Nadine and Ian deliver Presentation Skills and TV & Radio Media Training, passing on the skills, tips and techniques that they have observed and put into practice over years. They have coached politicians, Olympians and CEOs on the craft of public speaking.

The book will be officially launched in October 2014 and if you would like to be invited, all you have to do is answer a couple of [survey questions on public speaking](#).

“Insider Secrets of Public Speaking” has already received rave reviews, including:

*“Goes direct to the questions that trouble experienced as well as new speakers. Good, clear, straight advice, exceptionally well-written.”* [Matthew Parris](#), Journalist, Author & Broadcaster

*“Good common sense but from the standpoint of real hands on experience.”* Rt Hon David Blunkett, MP

Now available on [Amazon](#), order your copy of “Insider Secrets of Public Speaking” today!